

Boreal Cross Country November 12, 2011

Wava time adjusted

| Rank | # | Name | Club | Category | Wava time |
|------|-----|-------------------------|----------------------|----------|-----------|
| 1 | 450 | LASZLO, Yelza | | F60-69 | 00.29.09 |
| 2 | 325 | BOURGOUIN, Réjean | Old Timers | H50-59 | 00.29.50 |
| 3 | 157 | VOGHEL, Louise | Old Timers | F50-59 | 00.30.50 |
| 4 | 307 | BEAULIEU, Ghislaine | CCRMSB | F60-69 | 00.31.03 |
| 5 | 396 | GARNIER, Louis-Philippe | Old Timers | H40-49 | 00.31.23 |
| 6 | 167 | FILLION, Jean-Francois | Trimes.org | H50-59 | 00.31.25 |
| 7 | 193 | LE PORHO, David | CCRMSB | H30-39 | 00.32.16 |
| 8 | 364 | DESCHAMPS, Frédéric | | H40-49 | 00.32.18 |
| 9 | 464 | MAGHER Susan | Phoenix 1 | F60-69 | 00.32.30 |
| 10 | 430 | HÉMOND, Rudy | Les Riverains de Châ | H50-59 | 00.32.44 |
| 11 | 548 | WOLFE, Sean | | H50-59 | 00.33.15 |
| 12 | 312 | BERNAQUEZ, Jean | | H70-79 | 00.33.22 |
| 13 | 201 | GAGNON, Céline | | F40-49 | 00.33.32 |
| 14 | 452 | LAVOIE, Marcel | Boreal Rabbits | H60-69 | 00.33.34 |
| 15 | 595 | JUGANT, Laurent | CCRMSB | H40-49 | 00.33.49 |
| 16 | 405 | GINGRAS, Michel | | H60-69 | 00.33.50 |
| 17 | 384 | FAUCHER, Pierre | Phoenix 1 | H50-59 | 00.33.57 |
| 18 | 420 | GUAY, Daniel | | H50-59 | 00.33.58 |
| 19 | 479 | MILLER, Alan | Phoenix 1 | H50-59 | 00.34.07 |
| 20 | 329 | CADOTTE, Gilles | CCRMSB | H60-69 | 00.34.29 |
| 21 | 542 | VILLENEUVE, Michel | Old Timers | H40-49 | 00.34.32 |
| 22 | 545 | WEINER, Debbie | Boreal Re-Belles | F50-59 | 00.34.36 |
| 23 | 183 | SYKES, Zachary | McGill Olympic Club | H16-19 | 00.34.44 |
| 24 | 512 | ROBERT, Benoit | Boreal Rabbits | H40-49 | 00.35.07 |
| 25 | 537 | THIBODEAU, Marc | Boreal Rabbits | H50-59 | 00.35.14 |
| 26 | 310 | BELLON, Aldo | Boreal Pirates | H60-69 | 00.35.14 |
| 27 | 160 | CABRAL, Manuel | Old Timers | H30-39 | 00.35.17 |
| 28 | 393 | GAGNÉ, Stéphane | Les Vinqueurs | H40-49 | 00.35.20 |
| 29 | 406 | GIRARD, Mathieu | CCRMSB | H30-39 | 00.35.22 |
| 30 | 161 | DEMERS, Louis Erik | McGill Olympic Club | H16-19 | 00.35.24 |
| 31 | 473 | MCKENTY, Claude | | H60-69 | 00.35.28 |
| 32 | 441 | KEHOE, Shawn | Boreal Rabbits | H30-39 | 00.35.41 |
| 33 | 408 | GLASSPOOLE, Bruce | Phoenix 1 | H50-59 | 00.35.42 |
| 34 | 162 | DEMERS, Robert | McGill Olympic Club | H50-59 | 00.35.43 |
| 35 | 418 | GRIVAKES, Peter | Boreal Pirates | H70-79 | 00.35.43 |
| 36 | 187 | MICHEL, Alexandre | Trimes.org | H30-39 | 00.35.54 |
| 37 | 367 | DOIRE, Gilles | Boreal Pirates | H40-49 | 00.36.09 |
| 38 | 328 | BURELLI, Nadia | Boreal Re-Belles | F40-49 | 00.36.10 |
| 39 | 205 | TASCHEREAU, Benoit | | H40-49 | 00.36.18 |
| 40 | 427 | HARVEY, Scott | McGill Olympic Club | H16-19 | 00.36.22 |
| 41 | 189 | BRODEUR, Danny | | H40-49 | 00.36.22 |
| 42 | 305 | BARWICK, Alison | McGill Olympic Club | F16-19 | 00.36.30 |
| 43 | 576 | BASTIEN, Pierre | | H50-59 | 00.36.36 |
| 44 | 345 | COOPER, David | | H50-59 | 00.36.38 |
| 45 | 482 | MOUSETTE, Michel | Super Team | H30-39 | 00.36.40 |
| 46 | 511 | RIVEST, Martin | | H40-49 | 00.36.47 |
| 47 | 423 | HANLON, Sarah | Phoenix 5 | F30-39 | 00.36.48 |

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|-----|-----|--------------------------|-----------------------|--------|----------|
| 48 | 578 | JOUANJEAN, Arnaud | Trimes.org | H20-29 | 00.36.50 |
| 49 | 182 | ROULEAU, Isabelle | | F16-19 | 00.36.50 |
| 50 | 508 | RIOUX, Normand | Old Timers | H50-59 | 00.36.56 |
| 51 | 150 | ANTON, Fulgencio | Phoenix 1 | H70-79 | 00.37.08 |
| 52 | 483 | MUNROE, Lara | Phoenix 6 | F20-29 | 00.37.12 |
| 53 | 395 | GAGNON, Louis | Boreal Pirates | H50-59 | 00.37.26 |
| 54 | 413 | GRANT, Richard | | H40-49 | 00.37.28 |
| 55 | 522 | ROYAL, Ruth | | F60-69 | 00.37.31 |
| 56 | 369 | DROUIN, Anna Maria | Phoenix 4 | F50-59 | 00.37.34 |
| 57 | 409 | GLENN, Helen | St-Thomas Angels | F50-59 | 00.37.34 |
| 58 | 314 | BERNICKY, Denis | St-Thomas Bigfoots | H40-49 | 00.37.35 |
| 59 | 487 | NÉRON, Alex | Boreal Rabbits | H20-29 | 00.37.38 |
| 60 | 449 | LANNI, Luciana | Phoenix 4 | F40-49 | 00.37.44 |
| 61 | 352 | CRAIG, Shawna | Boreal Re-Belles | F20-29 | 00.37.55 |
| 62 | 378 | DUVERGÉ, Sébastien | | H30-39 | 00.37.56 |
| 63 | 509 | RISTOW, Melissa | McGill Olympic Club | F20-29 | 00.37.57 |
| 64 | 550 | ZERKLER, Dave | Phoenix 6 | H30-39 | 00.38.02 |
| 65 | 476 | MELOCHE, Patrick | | H30-39 | 00.38.03 |
| 66 | 185 | SARHANI, Reda | McGill Olympic Club | H20-29 | 00.38.07 |
| 67 | 331 | CARRILLAT, François | | H30-39 | 00.38.10 |
| 68 | 444 | L'HÉNAF, Olivier | Super Team | H20-29 | 00.38.18 |
| 69 | 577 | SAINT-JALM, Alexandre | Trimes.org | H30-39 | 00.38.20 |
| 70 | 592 | NAULT, Jacques | Germain | H50-59 | 00.38.23 |
| 71 | 388 | FOLEY, Sheila | Boreal Re-Belles | F40-49 | 00.38.26 |
| 72 | 584 | MOUREAUX, Alain | | H60-69 | 00.38.31 |
| 73 | 347 | CORBEIL, Pierre | Canoe Kayak | H60-69 | 00.38.32 |
| 74 | 323 | BOUCHER, Heleen | | F60-69 | 00.38.33 |
| 75 | 304 | BARCENA, Carlos | | H40-49 | 00.38.36 |
| 76 | 383 | FAUCHER, Luc | | H40-49 | 00.38.38 |
| 77 | 194 | DOULE, Claire | CCRMSB | F30-39 | 00.38.41 |
| 78 | 588 | KERNER, Dr. Skip | | H60-69 | 00.38.43 |
| 79 | 173 | PEARSALL, David | | H40-49 | 00.38.46 |
| 80 | 513 | ROBINS, Michael | Up a Creek | H60-69 | 00.38.53 |
| 81 | 501 | PRENDERGAST, Annie | | F40-49 | 00.38.53 |
| 82 | 375 | DUPONT, Ève | | F30-39 | 00.39.00 |
| 83 | 204 | MCLEAN, Patrice | | H30-39 | 00.39.01 |
| 84 | 358 | DAVIS, Steven | Phoenix 6 | H30-39 | 00.39.05 |
| 85 | 370 | DUBÉ, Luc | | H30-39 | 00.39.09 |
| 86 | 353 | CRAWFORD, Susan | Phoenix 3 | F40-49 | 00.39.22 |
| 87 | 363 | DESBARATS-ALLMAN, Luke | McGill Olympic Club | H13-15 | 00.39.25 |
| 88 | 346 | COOPER, Duncan | McGill Olympic Club | H13-15 | 00.39.27 |
| 89 | 313 | BERNARDI, Nicole | McGill Olympic Club | F16-19 | 00.39.27 |
| 90 | 311 | BROWN, Gary | Phoenix 4 | H40-49 | 00.39.33 |
| 91 | 155 | CAETANO, Stephane | | H40-49 | 00.39.47 |
| 92 | 536 | THAW, Michael | Boreal Pirates | H50-59 | 00.39.49 |
| 93 | 372 | DUGUAY, Lynda | | F50-59 | 00.39.51 |
| 94 | 593 | POINTBRIAND-SARAO, Eve | Germain | F30-39 | 00.39.53 |
| 95 | 515 | ROSS, Don | Phoenix 2 | H50-59 | 00.39.55 |
| 96 | 594 | FIGUEROA SOTELO, Carmen | CCRMSB | F40-49 | 00.40.01 |
| 97 | 587 | LABRECQUE, Jean-Maxime | Super Team | H30-39 | 00.40.05 |
| 98 | 191 | BEAUDET, Daniel | | H50-59 | 00.40.06 |
| 99 | 391 | FORTIN BOISVERT, Mélisan | Rocket Science Racine | F30-39 | 00.40.11 |
| 100 | 530 | SIMMS, Diana | | F50-59 | 00.40.12 |
| 101 | 411 | GOLOVANOV, Dmitri | | H50-59 | 00.40.18 |
| 102 | 456 | LEE, Donald | CN | H50-59 | 00.40.28 |
| 103 | 397 | GAUTHIER, Jacques | | H50-59 | 00.40.28 |
| 104 | 535 | STURMER, Marcio | CrossFit de l'Ouest | H40-49 | 00.40.30 |

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| 105 | 158 | CIRCE, Chantal | | F40-49 | 00.40.30 |
| 106 | 373 | DUGUAY, Nancy | | F40-49 | 00.40.33 |
| 107 | 376 | DUPUIS, Marie-Ève | | F20-29 | 00.40.38 |
| 108 | 470 | MCALEAR, Mary | | F50-59 | 00.40.41 |
| 109 | 490 | NIEUWENHOF, Emmanuelle | | F30-39 | 00.41.04 |
| 110 | 458 | LEMARCHAND, Étienne | Super Team | H30-39 | 00.41.06 |
| 111 | 585 | MOUREAUX, Fabienne | | F40-49 | 00.41.06 |
| 112 | 196 | BUCHANAN, Lynn | | F40-49 | 00.41.07 |
| 113 | 399 | GAUTHIER, Sandra | Vikings | F30-39 | 00.41.13 |
| 114 | 170 | LEFEBVRE-CASTILLO, Winon | W.L.C. | F16-19 | 00.41.17 |
| 115 | 514 | ROSE, Raeann | Phoenix 2 | F50-59 | 00.41.17 |
| 116 | 326 | BRIAND, Catherine | | F30-39 | 00.41.20 |
| 117 | 529 | SILVAGGIO, Mary | Phoenix 3 | F50-59 | 00.41.25 |
| 118 | 368 | DOYAN, Pierre | St-Thomas Bigfoots | H50-59 | 00.41.26 |
| 119 | 534 | ST-HILAIRE, Diane | | F50-59 | 00.41.26 |
| 120 | 440 | KAVALEC, Gladys | | F60-69 | 00.41.26 |
| 121 | 401 | GENGE, Paul | St-Thomas Bigfoots | H40-49 | 00.41.28 |
| 122 | 528 | SIDLER, Muriel | Runaholics | F40-49 | 00.41.31 |
| 123 | 546 | WILCOX, Scott | Phoenix 2 | H40-49 | 00.41.33 |
| 124 | 333 | CHAUSSE, Pete | | H40-49 | 00.41.35 |
| 125 | 435 | JACQUES, Michel | | H50-59 | 00.41.40 |
| 126 | 386 | FINESTONE, Dvorah | Runaholics | F50-59 | 00.41.42 |
| 127 | 164 | SZUMSKI, Christophe | | H40-49 | 00.41.43 |
| 128 | 525 | MARTEL, Brian | Phoenix 5 | H40-49 | 00.41.44 |
| 129 | 335 | WARREN, Sebastien | Up a Creek | H30-39 | 00.41.47 |
| 130 | 181 | LEGOUX, Jean-Christophe | | H16-19 | 00.41.47 |
| 131 | 301 | ARPIN, Azélie | Rocket Science Racin | F30-39 | 00.41.55 |
| 132 | 591 | COLLINS, Pierre | | H40-49 | 00.41.56 |
| 133 | 318 | BILLENKO, Victor | Boreal Rabbits | H60-69 | 00.41.56 |
| 134 | 207 | THOMPSON, Randy | | H50-59 | 00.41.57 |
| 135 | 380 | EMERY, Lucy | Phoenix 5 | F30-39 | 00.41.59 |
| 136 | 381 | ENRIGHT, Lauren | St-Thomas Bigfoots | F30-39 | 00.42.00 |
| 137 | 455 | LEDUC, Ghislain | Les Riverains de Châ | H30-39 | 00.42.06 |
| 138 | 172 | CHAMPAGNE, Véronique | Les Chickens | F20-29 | 00.42.14 |
| 139 | 320 | BOTTJER, Jeff | Up a Creek | H40-49 | 00.42.21 |
| 140 | 177 | BEAUPRÉ, Pierre | | H40-49 | 00.42.26 |
| 141 | 524 | SALVATORE, Romeo | CN | H50-59 | 00.42.30 |
| 142 | 468 | MARTIN, Michelle | Phoenix 3 | F40-49 | 00.42.34 |
| 143 | 428 | HÉBERT, Dominic | Les Riverains de Châ | H30-39 | 00.42.40 |
| 144 | 404 | GERVAIS-CARTIER, Alexand | | F20-29 | 00.42.55 |
| 145 | 337 | CIMMINO, Ivo | | H40-49 | 00.42.58 |
| 146 | 149 | AMIOT, Valérie | | F30-39 | 00.43.00 |
| 147 | 356 | COUTURIER, Carole | | F40-49 | 00.43.01 |
| 148 | 466 | MARCOTTE, Sylvie | | F20-29 | 00.43.06 |
| 149 | 390 | FOROGLOU, Christopher | | H50-59 | 00.43.12 |
| 150 | 202 | CADIEUX, Philippe | | H20-29 | 00.43.13 |
| 151 | 459 | LEROUX, Michel | | H60-69 | 00.43.13 |
| 152 | 596 | ROZON, Clément | McGill Olympic Club | H16-19 | 00.43.18 |
| 153 | 492 | OLEKSIUK, Katie | | F20-29 | 00.43.25 |
| 154 | 385 | FERNANDEZ, Minerva | Phoenix 2 | F40-49 | 00.43.29 |
| 155 | 503 | PROULX, Martin | | H40-49 | 00.43.31 |
| 156 | 547 | WILSON, Chris | Phoenix 5 | H50-59 | 00.43.35 |
| 157 | 171 | MALENFANT, Audrey | | F13-15 | 00.43.37 |
| 158 | 497 | PEREZ, Laurence | | F30-39 | 00.43.40 |
| 159 | 200 | RADDATZ, Joanne | Andritz | F30-39 | 00.43.40 |
| 160 | 498 | PERRON, Catherine | | F20-29 | 00.43.41 |
| 161 | 306 | BAZERGI, Hani | CN | H50-59 | 00.43.49 |

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| 162 | 379 | EL-BEYROUTHY, Liliane | CN | F30-39 | 00.43.52 |
| 163 | 417 | GRISÉ, Julie | Rocket Science Racin | F20-29 | 00.43.55 |
| 164 | 431 | HÉRONTE, Christophe | | H30-39 | 00.43.57 |
| 165 | 159 | GOUDREAU, Jan-Bathyste | | H40-49 | 00.43.59 |
| 166 | 465 | MAJEAU, Daniel | | H50-59 | 00.44.01 |
| 167 | 175 | FILION, Maurice | | H60-69 | 00.44.01 |
| 168 | 152 | SKIERSZKAN, Julia | Boreal Chicks | F40-49 | 00.44.05 |
| 169 | 349 | CÔTÉ, Nocolas | | H40-49 | 00.44.11 |
| 170 | 377 | DUVAL, Benoit | | H30-39 | 00.44.13 |
| 171 | 309 | BEFFERT, Ute | Phoenix 3 | F40-49 | 00.44.14 |
| 172 | 531 | SKERRITT, Frances | | F40-49 | 00.44.20 |
| 173 | 192 | GOMEZ, Alvaro | | H40-49 | 00.44.22 |
| 174 | 448 | LANGDEAU, Dominic | | H20-29 | 00.44.33 |
| 175 | 341 | COLLIN, Nathalie | Vikings | F40-49 | 00.44.39 |
| 176 | 598 | BOUCHARD, Alain | | H50-59 | 00.44.41 |
| 177 | 544 | WALKER, Erin | | F20-29 | 00.44.43 |
| 178 | 421 | HAGUE, Carl | | H20-29 | 00.44.45 |
| 179 | 426 | HARRIS, Donald | CN | H50-59 | 00.44.47 |
| 180 | 478 | MIGLIALO, Lawrence | | H20-29 | 00.44.49 |
| 181 | 351 | CRAIG, Judith | | F60-69 | 00.44.50 |
| 182 | 500 | POIRIER, Véronique | | F20-29 | 00.44.55 |
| 183 | 365 | DEVRIES, Albert | Phoenix 4 | H40-49 | 00.45.04 |
| 184 | 321 | BOUCHARD, France | | F40-49 | 00.45.05 |
| 185 | 188 | CALDERON, Pedro | | H50-59 | 00.45.06 |
| 186 | 510 | RITTER, Heidi | Runaholics | F40-49 | 00.45.07 |
| 187 | 472 | MCCULLOCH, Maggie | St-Thomas Angels | F40-49 | 00.45.11 |
| 188 | 424 | HANNARD, Christian | | H50-59 | 00.45.14 |
| 189 | 434 | IVANOVA, Irena | Up a Creek | F30-39 | 00.45.16 |
| 190 | 165 | LACASSE, Anne | | F50-59 | 00.45.20 |
| 191 | 338 | CLOUTIER-PROVENCHER, Mag | | F20-29 | 00.45.26 |
| 192 | 336 | CHOUINARD, Audrey | Vikings | F30-39 | 00.45.27 |
| 193 | 533 | ST-AMAND, Michel | | H30-39 | 00.45.31 |
| 194 | 493 | PAGÉ, Héléne | | F40-49 | 00.45.31 |
| 195 | 504 | QUARTZ, Wayne | Phoenix 4 | H60-69 | 00.45.32 |
| 196 | 532 | SMITH, Tim | Phoenix 5 | H50-59 | 00.45.37 |
| 197 | 481 | MORIN, Léo | Boreal Pirates | H40-49 | 00.45.40 |
| 198 | 361 | DELAGE, Patrice | St-Thomas Angels | H40-49 | 00.45.41 |
| 199 | 168 | LEFEBVRE-CASTILLO, Alby | W.L.C. | H13-15 | 00.45.42 |
| 200 | 392 | FOURNIER, Marie-Line | | F30-39 | 00.45.57 |
| 201 | 436 | JARVIS, Shawn | St-Thomas Bigfoots | H30-39 | 00.46.00 |
| 202 | 354 | CUERRIER, Audrey | Canoe Kayak | F16-19 | 00.46.00 |
| 203 | 414 | GRÉGOIRE Thiérry | | H30-39 | 00.46.01 |
| 204 | 526 | SAUVÉ, Hugo | Canoe Kayak | H30-39 | 00.46.02 |
| 205 | 355 | MALENFANT, Stephane | | H40-49 | 00.46.06 |
| 206 | 371 | DUFFLOT, Yvan | | H20-29 | 00.46.08 |
| 207 | 174 | MALLARD, Sylvie | | F30-39 | 00.46.16 |
| 208 | 394 | GAGNON, Claude | | H40-49 | 00.46.17 |
| 209 | 480 | MILOT, Julie | Rocket Science Racin | F30-39 | 00.46.20 |
| 210 | 442 | KELLY, Janis | St-Thomas Angels | F20-29 | 00.46.21 |
| 211 | 599 | KRET, Andrea | | F40-49 | 00.46.27 |
| 212 | 453 | LE BLANCA, Marie-Claude | | F30-39 | 00.46.34 |
| 213 | 475 | MELOCHE, Gérard | | H60-69 | 00.46.36 |
| 214 | 324 | BOURGEOIS, Lorraine | | F40-49 | 00.46.42 |
| 215 | 156 | OUANICHE, Karim | | H40-49 | 00.47.02 |
| 216 | 454 | LECLERC, Louise | | F30-39 | 00.47.02 |
| 217 | 402 | GÉRAUD, Florian | St-Thomas Angels | H30-39 | 00.47.09 |
| 218 | 506 | RAINVILLE, Mathieu | | H30-39 | 00.47.17 |

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| 219 | 412 | GRANGER, Benoit | | H50-59 | 00.47.18 |
| 220 | 382 | FAUBERT, Marc | St-Thomas Angels | H40-49 | 00.47.31 |
| 221 | 447 | LAMONTAGNE, Isabelle | Rocket Science Racin | F40-49 | 00.47.35 |
| 222 | 179 | STARECKY, Caroline | Runaholics | F30-39 | 00.47.42 |
| 223 | 163 | PIGNATELLI, Alessandra | | F40-49 | 00.47.45 |
| 224 | 600 | ROGER, Elisabeth | | F30-39 | 00.47.52 |
| 225 | 197 | EVERARD, Gaelle | | F40-49 | 00.47.55 |
| 226 | 443 | KHATCHIKIAN, Vasken | | H40-49 | 00.48.03 |
| 227 | 580 | CHAPPELLIER, Benoit | | H40-49 | 00.48.08 |
| 228 | 169 | LEFEBVRE-CASTILLO, Naomi | W.L.C. | F16-19 | 00.48.08 |
| 229 | 462 | LUDLOW, Bill | Phoenix 2 | H50-59 | 00.48.08 |
| 230 | 322 | BOUCHARD, Ginette | | F50-59 | 00.48.08 |
| 231 | 429 | HÉBERT, Janick | | F30-39 | 00.48.12 |
| 232 | 343 | COMTOIS, Geneviève | | F40-49 | 00.48.16 |
| 233 | 357 | DAOUST-GAUTHIER, Gabriel | Vikings | H16-19 | 00.48.18 |
| 234 | 586 | LEDUC, Francois | | H30-39 | 00.48.26 |
| 235 | 206 | DUMOUCHEL, Yvan | Vikings | H40-49 | 00.48.31 |
| 236 | 316 | BERTHIAUME, Julie | | F30-39 | 00.48.37 |
| 237 | 488 | NG, George | CrossFit de l'Ouest | H40-49 | 00.48.59 |
| 238 | 463 | MACKIE, Robert | St-Thomas Bigfoots | H30-39 | 00.49.01 |
| 239 | 387 | FINKELSTEIN, Tina | CrossFit de l'Ouest | F30-39 | 00.49.05 |
| 240 | 166 | LABRIE, Jessica | | F20-29 | 00.49.24 |
| 241 | 505 | RAINVILLE, Julie | | F30-39 | 00.49.25 |
| 242 | 589 | AUBIN, Isabelle | | F20-29 | 00.49.29 |
| 243 | 330 | CARIGNAN, Alain | | H30-39 | 00.49.39 |
| 244 | 579 | LEFEBVRE, Julie | | F30-39 | 00.49.54 |
| 245 | 484 | NANTEL, François | | H40-49 | 00.50.05 |
| 246 | 154 | LASSALLE, Maxime | | H30-39 | 00.50.11 |
| 247 | 541 | VENA, Jack | | H30-39 | 00.50.11 |
| 248 | 581 | PRÉVOST, Charles | | H30-39 | 00.50.23 |
| 249 | 549 | ZEHETNER, Werner | | H60-69 | 00.50.28 |
| 250 | 308 | BÉDARD, Dominique | | H40-49 | 00.50.32 |
| 251 | 199 | WUTTKE, Diane | | F40-49 | 00.50.32 |
| 252 | 489 | NGUYEN, Kim | | F40-49 | 00.50.40 |
| 253 | 153 | TOUCHETTE, Andre | | H50-59 | 00.50.46 |
| 254 | 407 | GIROUX, Alexis | | H30-39 | 00.50.51 |
| 255 | 317 | BERTRAND, Benoit | | H40-49 | 00.50.52 |
| 256 | 583 | DUBÉ-BISTODEAU, Carolane | | F20-29 | 00.50.57 |
| 257 | 471 | MCCARTHY, Odette | | F40-49 | 00.51.03 |
| 258 | 360 | DE REPENTIGNY, Yves | | H40-49 | 00.51.07 |
| 259 | 439 | JOLY, Patrick | Andritz | H30-39 | 00.51.21 |
| 260 | 190 | DALPHOND, Daniel | | H40-49 | 00.51.29 |
| 261 | 597 | DO, Chi-Son | | H20-29 | 00.51.36 |
| 262 | 590 | ROTTIER, Ronnie | | H20-29 | 00.51.37 |
| 263 | 151 | ARCAND, Emmanuelle | Canoe Kayak | F16-19 | 00.51.49 |
| 264 | 477 | MÉNARD, Pierre-Luc | | H30-39 | 00.51.51 |
| 265 | 178 | LOVIG, Jessica | Runaholics | F30-39 | 00.51.56 |
| 266 | 496 | PENNY, Charles | Up a Creek | H40-49 | 00.52.06 |
| 267 | 389 | FOOQUEREAU-BLAIS, Joanie | | F20-29 | 00.52.23 |
| 268 | 494 | PAYETTE-ASSELIN, Francis | | H20-29 | 00.52.50 |
| 269 | 302 | AUGER, Isabelle | | F30-39 | 00.52.55 |
| 270 | 521 | ROY, Toulouse-Antonin | CrossFit de l'Ouest | H20-29 | 00.52.58 |
| 271 | 195 | LE BRUN, Paul | | H40-49 | 00.53.02 |
| 272 | 176 | FILION, Stéphanie | | F20-29 | 00.53.04 |
| 273 | 437 | JAURA Ganeet Singh | | H20-29 | 00.53.38 |
| 274 | 540 | TRUDEAU, Marc-André | | H30-39 | 00.53.40 |
| 275 | 516 | ROUSSIN, Anne | Le Clan | F30-39 | 00.53.51 |

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| 276 | 415 | GRENIER, Sonia | | F30-39 | 00.54.12 |
| 277 | 519 | ROUSSIN, Mélanie | Le Clan | F30-39 | 00.54.17 |
| 278 | 474 | MCLEAN, Dana | | F40-49 | 00.54.28 |
| 279 | 334 | CHAUSSE, Tracey | | F40-49 | 00.54.30 |
| 280 | 203 | POULIN, Alisa | | F20-29 | 00.54.52 |
| 281 | 507 | REYNOLDS, Alan | Phoenix 6 | H50-59 | 00.55.03 |
| 282 | 366 | DION, Nadia | Le Clan | F30-39 | 00.55.06 |
| 283 | 438 | JELLEN, Anne-Marie | | F40-49 | 00.55.17 |
| 284 | 457 | LEFEBVRE, Véronique | | F20-29 | 00.55.45 |
| 285 | 198 | QURAESHI, Leif | | H40-49 | 00.56.12 |
| 286 | 518 | ROUSSIN, Julie | Le Clan | F20-29 | 00.56.35 |
| 287 | 543 | VREEDENBERG, Ryan | | H20-29 | 00.56.42 |
| 288 | 485 | NAULT, David | CN | H50-59 | 00.56.53 |
| 289 | 582 | DUBÉ, Vincent | | H20-29 | 00.57.33 |
| 290 | 348 | CORBIE, Haneefa | Runaholics | F30-39 | 00.58.23 |
| 291 | 186 | ROBERT, Isabelle | | F40-49 | 00.58.25 |
| 292 | 180 | COELHO, Stephanie | Runaholics | F20-29 | 00.58.38 |
| 293 | 539 | TREMBLAY, Valérie | | F30-39 | 00.59.07 |
| 294 | 491 | NIMÉ, Nadia | | F30-39 | 00.59.27 |
| 295 | 486 | NAULT, Isabelle | CN | F20-29 | 00.59.29 |
| 296 | 451 | LATOURE, Frédéric | | H30-39 | 01.00.09 |
| 297 | 517 | ROUSSIN, Christine | Le Clan | F30-39 | 01.00.17 |
| 298 | 184 | L'ECUYER, Jean-Sébastien | | H30-39 | 01.00.38 |
| 299 | 342 | COLWELL, Kimmela | | F30-39 | 01.01.02 |
| 300 | 339 | COALLIER, Danielle | | F30-39 | 01.01.22 |
| 301 | 410 | GOLOVANOV, Alexander | | H20-29 | 01.01.55 |
| 302 | 340 | COALLIER, Geneviève | | F30-39 | 01.02.39 |
| 303 | 374 | DUMOUCHEL, Mathieu | | H20-29 | 01.02.51 |
| 304 | 527 | SHAUGHNESSY, Anne | | F40-49 | 01.05.32 |
| 305 | 495 | PELLETIER, Melissa | | F20-29 | 01.06.10 |
| 306 | 499 | PHILIPS, Elizabeth | | F30-39 | 01.07.35 |
| 307 | 400 | GELINAS, Sylvie | | F40-49 | 01.15.57 |

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